

# PRIMARY SCHOOLS PROGRAMMES

FIELD STUDIES

SURFING

ECOLOGY

FUN

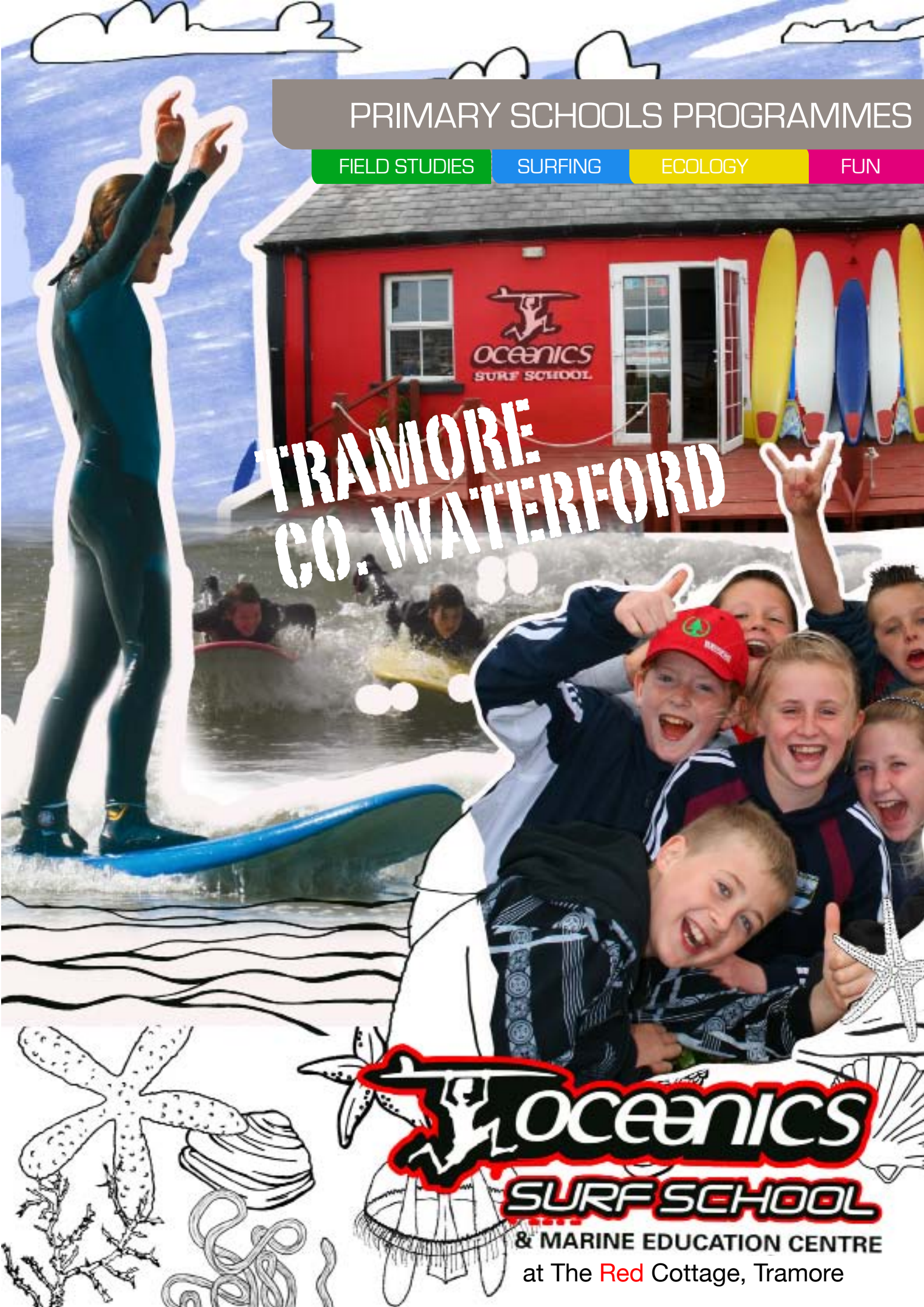
TRAMORE  
CO. WATERFORD

  
**oceanics**  
SURF SCHOOL

  
**oceanics**  
**SURF SCHOOL**

& MARINE EDUCATION CENTRE

at The Red Cottage, Tramore



**Welcome to Ireland's Original Surf School & Marine Education Facility, located at one of the Safest Learning Surf Beaches in Ireland, at Tramore Co. Waterford.**



**ABOUT US**

OCEANICS has been owned and operated by husband and wife team Paul and Linda Tuohy since 1998 and between them, they have a combined number of 54 years surfing experience and 28 years teaching the sport. Having served 23 years with the RNLI and been the recipient of 2 awards from that organisation, Paul's priority as operations manager is safety. All instructors with Oceanics are fully qualified ISA Surf Coaches and instructor/pupil ratios are strictly adhered to at all times. Our team are also trained in-house in Customer Care and all complete a Fáilte Ireland Customer Care Certificate Course. Our instructors MUST also hold a current Child Protection Certificate to work with our School Tour & Youth Groups. Our environmental and eco team leaders are local Field Ecologist Grace, and Environmental Interpreter Alan who are the most knowledgeable and experienced personnel in their fields in Tramore.

**WHY OCEANICS?**

Oceanics Surf School, now in our 14th year of operation, was the FIRST dedicated Surf School to open in Ireland. We have led the way in teaching surfing & sea safety and also in the development of eco related environmental activities designed specifically with school tours and youth groups in mind. Indeed, our pioneering methods and programmes are now being copied by many other surf schools throughout the country. However the high standards that we continue to offer and the quality of service we give can be confirmed by the many testimonials from both teachers and the many thousands of students who have enjoyed the OCEANIC EXPERIENCE.

Located just 50m from Tramore beach, the facilities at The Red Cottage include large secluded sun trap deck areas, indoor seating area for those not so sunny days, separate indoor male/female changing facilities and rinse off showers. Our facilities are not open to the general public during school tours and our students have come to enjoy and appreciate the privacy in which our land based instruction is conducted.

OCEANICS.....

"We will not be beaten on Quality!"

Oceanics is fully Insured, ISA, Family Friendly and Fáilte Ireland approved.

*"Our instructors MUST hold a current Child Protection Certificate...."*



**Testimonials from Teachers 2010**

**Holy Cross N.S. Tramore**

Kids had a fantastic time, surfing was the highlight of the day. Staff very professional helpful and encouraging. Very well run and very well organised. Well done and thank you!

"Best school tour ever" according to the Kids. If kids are happy you're onto a winner. Brilliant day had by all. Thanks for the fun & facts

**Ferns N.S. Wexford**

This is my third time & still a super tour, Thanks.

**Pierce Town N.S. Wexford**

Really well organised, excellent supervision. Our second time here and we'll come again!!

**Clonegal N.S. Wexford**

Great Day. Very well organised – safe & exciting for children

**Marshalstown N.S. Enniscorthy**

Our 1st visit here was 6 years ago! We've been coming back ever since and will continue into the future. Excellent school tour. Children have a brilliant day always, surfing excellent and the rockpool exploration interesting and educational. Thanks so much!!

**St. John of God N.S The Faythe**

Super Tour. Fab location, totally appropriate activities for age group. Will be back.

**Scoil Ailbhe, Thurles**

Brilliant day! Well organised.  
- Enjoyed by all.

**Faithlegg N.S. Waterford**

Had a great day. All thrilled with the surfing and Alan great on the crab tour! Thanks!

**Portlaoise N.S. Co. Waterford**

Great fun in a safe well supervised venue. Brilliant Day, very enjoyable from start to finish.

**Clough N.S. Portlaoise**

Field exploration very hands on and interesting. Children loved it. Surfing very exciting!

**St Josephs, Templemore**

Fantastic day. Alan was a mine of information. Beach walk lovely, Surfing "legendary". Staff super – excellent care taken of our special needs child. Thanks a million!!

**Ferrybank Foroige**

Directly from our young people " we love that place". We've been so happy with the care & attention you give our groups. Thanks for everything. Every time we take the groups out we have a brilliant time. Every year every young person wants to go surfing and we love going here, staff are really friendly, the equipment is great and we always have a good laugh. Thanks a million xxx

**Carrick Foroige**

We always find our surfing days very enjoyable with groups. The staff are very friendly & professional. Our young people love the activity and we return every year, several times.



## OCEANICS MARINE EDUCATIONAL PROGRAMMES



### WATER BASED ACTIVITIES

#### A Surfing & Bodyboarding Lesson

**Land based** instruction in private surrounds @ The Red Cottage followed by **water-based** instruction by fully qualified and trained Instructors that interact with your students at all times. Lesson in waist depth water. Soft learning boards, wetsuits and booties are provided. Teachers do NOT have to accompany groups into the water but are welcome to do so. We cater for large or small size classes or combinations of classes. Certificate of Surfing Achievement awarded to each student on departure.

#### B Supervised Surfing Saver

Beach based instruction and lifeguard supervised surf session. Soft learning boards and wetsuits provided. Further details on request. Terms & conditions apply. Minimum 24 persons.

#### C Sea Swim Session

Enjoy the fun and exhilaration of the sea in a lifeguard supervised open water swimming session on one of Ireland's safest beaches. Wetsuits provided. Minimum 24 persons.

### LAND BASED ACTIVITIES: ECO & ENVIRONMENTAL

#### D Rockpool Exploration

Watch your students become Rockpool Explorers as they peer into the many varied tidal habitats and natural touch pools with their guide(s). Curriculum linked, this exploration of Tramore's Rocky Shoreline will give your students the opportunity of "hands on" Science & Nature. All our environmental beach programmes have been developed exclusively in conjunction with nationally renowned Ecologist Eanna Ní Lamhna, local Field Ecologist Grace O'Sullivan and Environmental Interpreter Alan Walsh. (1 teacher to 24 students is required to accompany group. Worksheet available.)

#### E Beach Discovery Eco Hike

Watch your students become Beach Detectives as they explore with their guide Tramore's unique sea shore habitats (Rocky seashore, Shingle Embankment, Sand Dunes & Saltmarsh systems). Curriculum linked, and exclusive to Oceanics, this programme is designed to educate and encourage your students to identify the many varied aspects of coastal flora and fauna in their natural habitats. (1 teacher to 24 students is required to accompany group. Worksheet available.) An Environmental & Eco Awareness Certificate awarded to students.

#### F Field Studies

Focusing on the Seashore Crab, their biology and survival in their communities. This exciting study of crabs will examine the habitat of the crab, the different species of crab on the seashore and measure water salinity and air temperature.

#### G Beachcombing Arts & Crafts

Students will enjoy seeing how to recycle and reuse items they have searched for and collected on the seashore by creating and designing jewellery, dreamcatchers, stone painting etc, which they can bring home with them as a memento of their tour.

#### H Kiting

Students will be shown how to create, build & fly their own kite using the simplest of readily available recyclable materials. A great way to incorporate simple maths & measurements in a fun activity.

#### I Team Challenges & Games

Our challenges are designed to educate, promote teamwork and stimulate healthy competition and take place in the cottage grounds and on the beach.

SEE BACK PAGE FOR PRICING DETAILS

# PROGRAMME PRICES

Choose the number of Activities that suit your length of stay and budget spend.  
**On Full Day (5hrs) programmes Beach Safety will be offered as part of lunchtime supervision**

Prices quoted based on Minimum 24 persons. Small and large groups please phone for details. Discounts for large group numbers.

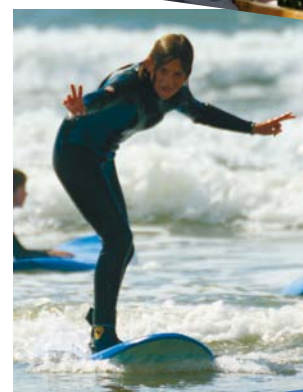
ACTIVITY	STANDARD (2hrs)	PREMIUM (3hrs)	GOLD STAR (5hrs)
<b>WATER &amp; LAND COMBINATION</b>			
Surfing & Bodyboarding Lesson + Team Challenges (A & I on previous page)		€25pp	<b>10% DISCOUNT</b> on all Gold Star Activities when €500 deposit is paid before March 17th i.e. <b>€27 p/p</b>
Surfing & Bodyboarding Lesson + 1 Land Activity (Choose 1 activity from D,E,F,G,H,I on previous page)			
<b>WATER ONLY</b>			
Surfing & Bodyboarding Lesson	€25pp	€30pp	€35pp
<b>NEW 2011</b> B. Supervised Surfing Saver	€12.50p/p	(Terms & conditions apply)	
<b>NEW 2011</b> C. Sea Swim Session	€ 6.50p/p		

ACTIVITY	1 Activity	2 Activities	All Day - 3 Activities
<b>LAND ONLY</b>			
Choose your Activitie(s) from D,E,F,G,H,I	€8 p/p	€12 p/p	€20p/p

## **NEW 2011** THE TRAMORE 4

DISCOUNTED RATES AVAILABLE ON COMBINED PACKAGES

You choose the Venue Combinations and we will price and book the package for you  
**Oceanics Splashworld Runamuck / Laserworld Amusement & Leisure Park**



## Typical Day Example

- 10:00am** Arrive at Oceanics @ The Red Cottage  
 Welcomed by Instructors  
 Gather on Oceanics Deck area for Safety Brief
- 10.15am** Children sized, given wetsuits to fit. Change into wetsuits in allocated separate indoor changing areas
- 10.30am** Back on deck for land based instruction  
 (A good time for photos)  
**Time to hit the Waves!**
- 12.30pm** Back at Oceanics @ Red Cottage, rinse off, supervised lunch time with entertaining sea-safety and real life rescue stories!
- 12.50pm** Introduction to guide(s) and prepare for Land Activities (reapply sunscreen, raingear, drinks etc.)
- 1.00pm** Land Activities Begin - @ The Red Cottage or Beach
- 3.00pm** Back to bus, tired but exhilarated!!

This example is based on a 5hrs combination programme, surfing takes place before other activities but the reverse may be the case and is at the discretion of the Instructors

## BOOKING

For More Information & Booking  
 Contact Linda or Paul

**051 390944**



Oceanics  
 The Red Cottage  
 Tramore  
 Co. Waterford  
 www.oceanics.ie

All programmes & courses are subject to weather & wind conditions.

